

## **Redditch Borough Council**

**22nd July 2019**

### **Motions on Notice**

#### **1. Menopause Awareness**

Proposed by Councillor Juliet Brunner, seconded by Councillor Nyear Nazir.

This Council acknowledges the need to raise awareness and increase the understanding of women's needs when they experience the Menopause. The Council should engender a working environment where female employees feel able to openly discuss how the menopause may be affecting them and their work, and request adjustments where appropriate without fear or embarrassment.

The Council's existing policies do not reflect the needs of women experiencing the Menopause, which can inhibit how women manage their symptoms, and hinder any support they may need in the workplace.

This Council resolves to introduce a specific Menopause policy to address this issue.